

OVERSEAS TRAVEL

If you are required to travel overseas on company business visit the [Occupational Health Overseas Travel site](#) for further information on how to protect your health. This can also help if you take up an [international assignment](#).

Stay safe and well on every visit

Never book travel for a JLR assignment independently. Always follow the [booking travel](#) instructions. This makes sure you get the help you need to stay safe and well.

Check your [travel insurance](#) status as early as possible.

Make yourself aware of the risks every time you travel, as these can change from visit to visit. Go to the [Business Protection Travel Safety and Security site](#) for more information.

Allow for vaccinations to take up to eight weeks to take effect, and check you will be able to get access to healthcare or the medicines you need.

Find out whether your health might be affected by an assignment at altitude or in very hot or cold conditions.

Find help with these questions about your health on an overseas assignment with your local [Occupational Health Department](#).

GO STRAIGHT TO...

- > [Occupational health overseas travel site](#)
- > [Business Protection: Travel Safety and Security site](#)
- > [Occupation Health Department](#)
- > [Online Travel Medical Questionnaire](#)

FIND OUT...

[about keeping your office environment safe](#)

[where to get protective clothing](#)

[how to report an accident](#)